



Ghana
Triathlon
Federation

GTF Announces Spencer Smith as Coach of National Triathlon Team

Triathlon legend ready to take the helm of the Ghana National Team and to introduce the sport of triathlon to the youth of Ghana.

Accra, Ghana – 10, May, 2016 – Ghana Triathlon Federation today announced naming World Champion Triathlete Spencer Smith as the head coach of its inaugural national triathlon team.

“It’s such a coup to be able to get two-time World Champion Spencer Smith to advise and coach our national team. Spencer helped develop the sport to what it is today and is keen on giving back, helping new federations like ours” said Tarek Mouganie, CEO of the Ghana Triathlon Federation.

Smith, who hails from England but now lives in the United States, is an icon in the sport of triathlon. His accolades include 2 World Championship titles, 1 World Junior title, 2 European titles, 4 British National titles, 2 Ironman wins, and 1 European Duathlon Championship.

Smith retired from racing in 2006 and founded S2Coaching, an online triathlon coaching service. He prides himself on producing training that is custom-designed for each athlete. He loves the sport of triathlon and is excited to be able to give back to the sport that gave him so much.

“I am proud and honoured to be given this appointment. My aim is not only to bring awareness and growth in the sport of triathlon, but also to give many in Ghana the chance to compete in a sport they never thought possible. I am excited to establish the sport in Ghana for the youth and the health and wellness of the country,” said Smith from his home in Florida.

The President of the Ghana Triathlon Federation added, “our aim of nurturing Ghanaian athletes and getting them to international competitions and World Championships has been massively boosted. If anyone can do it, it’s the British Bulldog, Spencer Smith. We are excited to have him visiting us here in Ghana for two weeks at the end of this month. He will be joined by officials from the International and Africa Triathlon Union, who will be training our federation. Spencer will also oversee our race on the 29th of May at the University of Ghana and will host free training sessions to amateurs and juniors that are part of the GTF”.

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